



BY THE GOVERNOR OF THE STATE OF GEORGIA

## A PROCLAMATION

### BREASTFEEDING AWARENESS MONTH

- WHEREAS: One of the most highly effective preventive measures a mother can take to protect the health of her infant, including reducing the child's risk for becoming overweight or obese, is to breastfeed. Breastfeeding lays a foundation for health later in life; and
- WHEREAS: Breast milk is easily digested and contains antibodies from the mother that pass to the infant. This helps to protect against illness, including diabetes, ear infections, and allergies. Breastfeeding has also been shown to reduce the risk of SIDS; and
- WHEREAS: Support from the community, health care providers, employers, and family members helps ensure breastfeeding success; and
- WHEREAS: Breastfeeding is recommended as the optimal nutrition for infants by the American Academy of Pediatrics, the United States Surgeon General, the Centers for Disease Control and Prevention, the American Congress of Obstetricians and Gynecologists, and the Georgia Department of Public Health; now
- THEREFORE: I, NATHAN DEAL, Governor of the State of Georgia, do hereby proclaim August 2014 as BREASTFEEDING AWARENESS MONTH in Georgia and encourage our citizens to learn more about the benefits of breastfeeding.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 15<sup>th</sup> day of July in the year of our Lord two thousand fourteen.



*Nathan Deal*

GOVERNOR

ATTEST

*Chris M. Riley*

CHIEF OF STAFF